



Always remember, the face is a mirror of emotion and a reflection of your happiness

Clarins Classic **60 mins** **€60**

- For Stressed Skin
 - For Tired Skin
 - For Acne/Problem Skin
 - For Congested Skin
- Course of six €300

Elemis Aromapure Skin Specific Facial **60mins** **€60**

- Fruit Active Glow
 - Herbal Lavender Repair
 - Exotic Cream Moisture Dew
- Course of six €300

Elemis Advanced Performance Facial **75mins** **€80**

- SOS Purifying
 - Oxygen Skin Calm
- Course Of Six | €400
Include Deep Tissue Bask, neck Shoulder
Massage - Extra €35

Clarins Pro-Active Facial **80 mins** **€90**

- Age Defying
- Radiance

Elemis Pro-Quartz Facial **80mins** **€90**

Elemis Visible Brilliance Facial **80mins** **€90**

Elemis Tri Enzyme Facial **60mins** **€90**
Course of Six **€450**



Like a dance around the body... the power of touch needs no words as you unwind and drift away...

Well Being Massage	60mins	€60
• Stress-a-Way • Spirit Reviver • Muscle Melt		
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Deep Tissue Back Massage	30 mins	€40
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Soothing Lower Leg & Foot Massage	30 mins	€40
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Deep Tissue Full Body Massage	60 mins	€65
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Aroma Stone Massage	80 mins	€85
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Reflexology	45 mins	€45
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Reiki	60 mins	€65
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Head Massage	45 mins	€50
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body cleansing & detox



Recharge your essential energies... let the power of the ocean and aroma envelop and purify your body

Fennel Cleansing Cellulite & Colon Therapy **60 mins** **€60**

Course of 8 recommended - 2 treatments per week for a month and 1 per month thereafter. Note: you receive one complimentary treatment with each course.

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Elemis Musclease Aroma Spa Wrap **75 mins** **€70**

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Elemis Cellutox Aroma Spa Wrap **75 mins** **€70**

exotics



Awaken your senses with these heavenly treatments

Elemis Exotic Coconut Rub & Milk Ritual Wrap **60mins** **€65**
 with taster facial - €80

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Elemis Frangipani Body Nourish Wrap **60mins** **€65**
 with taster facial - €80

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Elemis Exotic Lime & Ginger Salt Glow **55mins** **€60**
 with taster facial - €80



Awaken your senses with these heavenly treatments

Nine months of nurturing for you and your baby... A time to celebrate the wonders of nature. We have carefully selected a range of treatments for you to safely enjoy during each stage of your pregnancy.

First Three Months

A time for you to relax and give yourself time to nurture the new baby that grows inside you. We recommend you avoid any body treatments and just enjoy the essentials such as Waxing, Eyes, Manicures, Pedicures etc.

The Fourth- Seventh Month

Time to feel relaxed and refreshed. Now you can begin to spoil yourself a little. You could undertake most treatments but we would highly recommend the following;

Elemis Nourishing Mother-to-be Massage 75mins €75

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Absolute Mother-To-Be Ritual 135mins €150
Mother To Be Massage & Premier Facial
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The Eighth- Ninth Month

We would recommend shorter type treatment as you may not feel too comfortable to be in any particular position for a prolonged period of time. Our recommendations include the following;

Mini Facial, Soothing Lower Leg & Foot Massage, Sole Revive Pedicure or Magic Manicure!

Please note that these treatments are purely recommendations on the beauty aspect of pregnancy. They are not intended to substitute the medical advice given to you by your doctor. Only your doctor knows your medical history, and only he or she can offer appropriate advice. Your doctor should make all final decisions regarding your health and body care during your pregnancy. You must inform your therapist that you are pregnant before booking any appointments.



Beautiful Hands & Feet inspire confidence & femininity

Juicy Manicure	30 mins	€35
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Magic Manicure	50 mins	€45
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Pedicure	45 mins	€45
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Sole Revive Pedicure	75 mins	€55
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File & Polish	15 mins	€15
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File & French Polish	20 mins	€20
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the essentials



Its those little things that make all the difference

Deluxe Waxing

Exfoliation and massage combined to make this a more enjoyable experience.

Full Leg/ Bikini	1hr	€50
	15mins	
Half Leg	30mins	€25
Three Quarter Leg	45mins	€35

Back To Basics....

Full Leg including bikini	1 hr	€38
Full Leg	45mins	€35
Three Quarter Leg	30mins	€30
Half Leg	30mins	€18
Bikini starts from	15mins	€15
Brazilian	30mins	€30
Hollywood	45mins	€45
Under Arm	15mins	€12
Lip Wax	15mins	€8
Chin Wax	15mins	€10
Lip & Chin Wax	15mins	€15
Eyebrow Wax	15mins	€10
Lip & Eyebrow Wax	15mins	€17

Electrolysis		
5 minutes		€10
10 minutes		€14
15 minutes		€18
20 minutes		€25

Eyes - for an instant face lift!		
Eye Brow Trim		€10
Eye Brow Tint		€8
Eye Brow Trim & Tint		€15
Eye Lash Tint		€13
Eye Lash Tint, Eye Brow Trim & Tint		€28
Eye Lash Tint & Eye Brow Trim		€21

Make Up		
Professional Make-up Lesson	70 mins	€60
Professional Make-up Application		€30

Note: €10 is redeemable against a make up product of choice



Let the glow of the sun help you shine...

Clarins Full Body Tan	45 mins	€40
St Tropez Full Body Tan	45 mins	€40
Clarins Upper Body - Arms, Neck & Shoulder	30 mins	€20
Clarins Legs - Hip to Toe	30 mins	€20

Ceremony of Sun	90 mins	€90
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A Rich sensual celebration of Sun. Achieve your sun kissed self tan after the most indulgent Exotic Lime & Ginger Salt Glow. For optimum results, schedule your Salt Glow for the day prior to the tan application.

Turbo Stand-up Sun Bed	3 mins	€3
	6 mins	€6
	9 mins	€9

Half Course	45 mins	€35
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Full Cour	90 mins	€70
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Delivering the results men want, these dynamic treatments super-clean the skin and calm irritation, whilst easing away tension and stress...

Mens Executive Facial	55mins	€55
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Waxing

Upper Chest	30mins	€40
Chest & Stomach	60mins	€50
Upper Back	30mins	€35
Back	60mins	€50
Shoulders	30mins	€30

Total Time Out for Men	90mins	€90
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Mens Executive Facial followed by a well being back, neck and shoulder massage

Note: We recommend that men shave a minimum of four hours prior to a facial appointment.



Forget your concept of time and begin a tantalising pathway to enlightenment...

Exotics **90mins €110**

Exotic Lime & Ginger Salt Glow and an exotic Elemis Frangipani Body Nourish Wrap

A little Taste of Heaven **125mins €145**

From the soles of your feet to the crown of the head this customised face and body treatment is the ultimate skin-therapy. Choose from one of the unique Premier Facials and combine it with the powerful effects of the Well-Being Massage.

Clarins Top To Toe **125mins €145**

Try our Clarins Pro-Active Facial followed by a Well Being Full Body Massage. This is Clarins like you have never experienced. A top to toe treatment which attacks your concerns and cocoons your body.

Total Time Out For Men **90mins €90**

What a way to unwind. Men are finally realising that pampering isn't just for the ladies! Enjoy a Mens Executive Facial followed by a Deep Tissue Back, Neck & Shoulder Massage.

Cleopatra Day **180mins €170**

This is a 100% Elemis Pure Luxury & Pampering Package. An Aromapure Facial is followed by a Well Being Massage and this is completed with an Exotic Ritual Manicure OR Ritual Pedicure.

Please note that we would be delighted to tailor make your package to suit your every need. Use of the club and lunch can also be included.

bridal countdown



Every bride is different.

You all have needs and wishes and here at Source we will listen to your needs and devise the correct package to suit you and your wedding party. Below we have listed some ideas to get you thinking. For a complimentary Bridal consultation, please contact our Bridal Experts

Months before the wedding;

You want your skin and hands to look great on the big day. Why not consider a course of Facials & Manicures to have them looking their best.

Course of 4 Elemis Aromapure or
Clarins Classis Facials & 4 Manicures **€340**

Week before the wedding;

You want to look great on the day but also on your well earned Honeymoon... Elemis Lime & Ginger Salt Glow & Elemis Visible Brilliance Facial

Trial Run

You want to be sure of the look you want for the big day.

- Trial Make-Up
- Trial Body Tan

A lot of brides choose to have this done for their hen night. that way you can see how it lasts into the wee hours.

Note; if you do not wish to have an artificial tan, we also have sunbed facilities.

Week of the Wedding;

Get all the essentials out of the way and possibly take some time out to relax....

Have all your waxing done

Eye Lash Tint, Eyebrow Tint & Trim

Full Body Massage- it is really important that you are relaxed enough to enjoy your wonderful week.

Day before the wedding;

Make this a girls day out, why not bring along your Bridesmaids,
Mother of the Bride & Mother of the Groom

- Manicure
- Pedicure
- Tanning

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The Big Day

Professional Make-up Application for the Bridal Party
Touch ups on Fingers or Toes if required.

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